

Community Paediatrician

Paediatricians are medical doctors specialising in the diagnosis, treatment and care of children. They work with families and children around aspects of the child's social, emotional and physical health. Paediatricians usually work as part of a multi-disciplinary team.

A paediatrician will usually see the child and family in the hospital or clinic setting. The assessment process will involve interviewing the child and family and observing the child's interactions, as well as carrying out physical health checks.

Referrals to a paediatrician usually come from professionals such as the child's GP, health visitor or School Health Advisor.

Accessing Cheshire West and Chester Council Information and services

Council information is also available in Audio, Braille, Large Print or other formats. If you would like a copy in a different format, in another language or require a BSL interpreter, please email us at equalities@cheshirewestandchester.gov.uk

Tel: 0300 123 7 123 **Textphone:** 18001 01606 867 670

Email: equalities@cheshirewestandchester.gov.uk

Web: www.cheshirewestandchester.gov.uk



Cheshire and Wirral Partnership 
NHS Foundation Trust



Countess of Chester Hospital 
NHS Foundation Trust

Cheshire West & Chester Council

Autism Spectrum Disorders Pathway



Information about
professionals who may
be involved in the
assessment of your child

Speech and Language Therapist

A Speech and Language Therapist (SaLT) is someone who has been trained to assess speech, language and communication difficulties including children who have social interaction needs. A SaLT will provide support and advice to families and schools based on the outcome of an assessment.



Child and Adolescent Psychiatrist

Child and Adolescent Psychiatrists are medically qualified doctors who specialise in the diagnosis and treatment of young people who are experiencing difficulties with their mental health. This includes children and young people who have social and communication difficulties and those with mental health problems such as anxiety, depression and obsessive compulsive disorder.

They work with young people and their families to identify and understand their difficulties and advise about the type of treatments that might help.

Child and Adolescent Psychiatrists work as part of a multi-disciplinary team that includes other professionals such as clinical psychologists, mental health practitioners, social workers and family therapists. This team of people is usually known as Child and Adolescent Mental Health Services (CAMHS).

The Autism Team

The Autism Team is a multi-professional team who support placements of children with social and communication difficulties and autism spectrum disorders in mainstream schools from Reception to end of High School. We work alongside staff to build skills, knowledge and confidence by giving advice on effective classroom strategies that will help include pupils with social and communication difficulties.

Clinical Psychologist

Clinical Psychologists aim to reduce psychological distress and promote wellbeing. They usually work in health and social care settings and specialise in work with either adults or children.

Clinical psychologists work with people who have social and communication difficulties such as learning disabilities and autistic spectrum conditions, as well as those with mental health problems such as anxiety or depression.

When carrying out assessments they typically spend time observing the young person interacting with others.

Part of the assessment process may also include interviews with the family and others who know the child well. Following assessment the clinical psychologist may recommend a range of interventions.

Child and Educational Psychologist

A Child and Educational Psychologist is concerned with helping children and young people who are experiencing difficulties with their learning and development. This might include learning difficulties and/or social and emotional problems.

Child and educational psychologists will work with the young person and their family and teachers. Much of their work will be in educational settings such as school or nursery. A

child and educational psychologist will spend time speaking to and observing the child. They will also speak to the family and others who know the child best. They will focus on what is preventing the child from learning and what can be done to help.

